Safe Data Safe Families

What is Two-Factor Authentication (2FA)?

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Two-factor authentication (2FA) provides an additional layer of security to your most important online accounts. When you have 2FA activated, you typically enter your password, then need to enter a PIN sent to your phone or use an authentication app to confirm your identity.

How does 2FA protect my information?

2FA requires a person have two pieces of information to access an account. This reduces the likelihood your account being compromised, even if there's a data breach.

When should I use 2FA?

You don't need to use 2FA on every account, but you should add it to accounts that contain sensitive information about you, like bank accounts and email.